



WWW.REBELNURSING.ORG
REBELNURSING@GMAIL.COM
(260) 33-REBEL

CONFERENCE NOTES

REBELLIOUS
NURSING!

SEPT. 27-29, 2013

PHILADELPHIA, PA



PROGRAM CONTENTS

Schedule, locations, and room numbers	Inside back cover
Important contact info	2
Some guidelines for open dialogue	3
Mutual aid	4
Accessibility and mindfulness	5
Amenities	6
Self-expression methods	7
General room assignments	7
Sessions descriptions	8-15
Lunchtime caucus descriptions	16-17
Presenter bios	18-21
Conference organizers	32-35
Rebellious Nursing! t-shirts	38
Gratitude.	39

Rebellious Nursing! MISSION

Envisioning justice and liberation for health seekers, health workers, and communities, Rebellious Nursing! unites nurses at all levels of practice, other healthcare providers, and our allies to find inspiration, awareness, solidarity, and practical ways to impact health equity and health disparities among all living beings.

We acknowledge and address health disparities and privilege as social constructs, and seek to understand how these forces impact every aspect of our work. We aim to bring awareness to these barriers when interacting with patients, colleagues, and communities, knowing that awareness brings action, support, and change.

We envision caregiving as a communal activity where all people receive and have a say in competent, compassionate, and respectful care in their communities.

We work to organize on equal footing, by confronting what divides us; to create safe, energetic spaces for engagement in liberation, justice, and health equity.

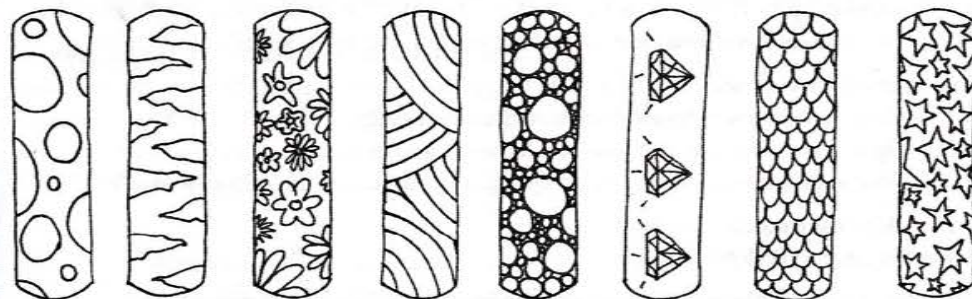
CONFERENCE HISTORY

...SO FAR

In the early spring of 2012, Sarah Lipkin went looking for nurses who wanted to gear healthcare and the world towards individual needs rather than corporate organization.

Sarah found initial inspiration from the Rebel Law conference held annually at Yale's law school. Knowing that the intimate and educated perspective of nurses is essential to conversations of social change, she searched for nursing organizations assembled around ideas of radical change. Sarah found CASSANDRA: Radical Feminist Nurses Network that was active from 1982 to 1987. CASSANDRA's Peggy Chinn provided encouragement. However, it was becoming clear that no contemporary network of radical, anti-oppression nurses currently existed. So Sarah got folks together, reaching out to nurses in her local New Haven, CT community and connecting nationally through email, social media, and word-of-mouth.

An initial group of regular meeting attendees materialized. Sarah, while an amazing instigator, was dedicated to the idea of a community driven, non-hierarchical organization. The newly assembled group of equals decided by consensus that a Rebellious Nursing Conference would be the group's first project to create energy and community around the idea of nurses for social change. Elements of the conference from location to content were driven by input from rebellious nurses from across the United States. Meetings in New Haven, New York, Google hangout, and Philadelphia followed. This conference is the result of dozens of individual nurses joining together to figure out the necessary elements of a conference. The organizers volunteered huge amounts of time, creativity, and individual talents to the nuts and bolts of conference planning. This is just the start of Rebellious Nursing. There is room for interested individuals to take on active roles in guiding the future of the organization.



IMPORTANT CONTACT INFO

Have a specific question or request?

Ask at the info desk, or call us at these numbers.

Rides to venues & accessibility assistance	Sarah, 201-819-4379
Mental health support	Noel, Lane, & Alana, 260-33-REBEL
Tech/Facilities helpline for maintenance & a/v equipment	Jenny, 804-349-6146
Sessions & presenters helpline	Kara, 267-266-5813
Volunteers helpline	Kate, 484-540-5289
Childcare helpline	Hunter, 516-987-4871
Homestay helpline	
Friday	Kate, 484-540-5289
Saturday & Sunday	Hunter, 516-987-4871
Taxis	215-235-2200 or 215-467-6666
Public transit schedules & information.	www.septa.org, 215-580-7800

Need to find a conference organizer?

Organizers are wearing **bright green arm bands** and probably smiling a lot. If you're lost, need assistance or just want to say hi, we're very approachable and at your service.

Want a walking escort around the neighborhood?

In West Philadelphia (this covers all conference venues and most homestays), call **215-898-WALK (9255)**, and a University City Public Safety Ambassador will be dispatched. This free service, available to the public, operates 24 hours a day, seven days a week in partnership with the University of Pennsylvania.

What else is around here?

Our online conference map at tinyurl.com/RNphillymap features locations of conference venues, groceries, dining, take-out, 12-step meetings, parks and green space, ATMs, libraries, contemporary art, and more.

How do you connect to the wi-fi internet on campus?

The University of Pennsylvania has provided us with a conference code to access their Wi-Fi internet; up to 100 users can connect at one time. You will need to configure your device to use Penn's wireless network before you connect to AirPennNet.

To configure your device:

1. Connect to the wireless network: AirPennNet-Help
2. Open a web browser and navigate to: www.upenn.edu
3. Follow on-screen instructions to configure your device to connect to AirPennNet

PennKey user name = ssejour

Password = C-BSFNGCTZ

Troubleshooting advice: www.upenn.edu/computing/wireless/airpennnet/apn_faq.html



SOME GUIDELINES FOR OPEN DIALOGUE

Keep it here.

Exercise good judgment and respect if people share things that are obviously not meant to go any further. Avoid sharing who said what.

Show respect.

Show respect for yourself as well as for others.

Challenge statements and behavior without putting down the person.

Oops/Ouch!

Assume everyone has good intentions, or give them the benefit of the doubt.

When you say something you wish you could take back, say "oops!" and rephrase.

When you are hurt or offended by what someone else says, say "ouch!," offering them the chance to rephrase or recognize without interrupting them.

We don't have to agree.

When we disagree, challenge the statement or the behavior instead of the person.

Avoid using blame, shame, and guilt on ourselves or others.

Step up/step back.

Fully participate and be sure to give everyone else a chance to talk.

Listen to others and avoid interrupting.

Speak for yourself and from your experience.

Use "I" statements.

Take risks and encourage others to take risks too.

Take advantage of this opportunity to talk to each other. Feel free to be open and spontaneous with your ideas, even if they seem incomplete or contradictory.

Use this opportunity to test new ideas, however brilliant or wacky they might be.

Express feelings – emotions are good.

There are no stupid questions.

Honor curiosity as a doorway to understanding.

All questions are valid. Ask questions yourself and support others when they ask.

Understand the value of discomfort.

When we are uncomfortable, we have the biggest chance to learn something. This is true especially for those of us who are used to being in control. Those of us with power and privilege tend to have less experience with discomfort, and sometimes feel that being comfortable is our right. Use this as an opportunity to see what our discomfort can teach us.

Thanks to Dismantling Racism for permission to adapt these guidelines, written for their workshops on race equity analysis and process. DismantlingRacism.org



MUTUAL AID

Are you a human being? Does the **Rebellious Nursing!** mission resonate with you? Then you are welcome and encouraged to participate fully in the **Rebellious Nursing!** conference. People at this conference (that's you) seek not merely to tolerate each other, but to learn from each other's experience and to foster gratitude and respect for each other.

For this reason we have refrained from a paltry attempt to list groups we wish to include. By definition, naming some groups of people excludes groups of people who are not named. **Rebellious Nursing!** believes that every living being is entitled to mutual care and compassion in health and community.

This is the first **Rebellious Nursing!** conference; it is a work in progress. One of our goals is to learn from each other about total inclusivity in healthcare; meaning we don't have all those answers. Neither do we believe we can address every barrier to healthcare in two days. Our hope is that the act of convening will create an ongoing, evolving conversation and an opportunity to address discriminatory healthcare practices, until health equity is achieved across the vast human spectrum.

Please help us to diminish access barriers at the conference, and continue to work and build with us so that the conference is more accessible to more people each time.

More people than we ever dreamed of have come to bask in the glory of our mutual support, so there will be many perspectives informed by many experiences. Let's use this time together to practice compassion and active listening.



Are you a human being? Does the **Rebellious Nursing!** mission resonate with you? Then you are welcome and encouraged to participate

We want you to be able to comfortably and fully participate in the conference, and we will do our best to support that.

ACCESSIBILITY

During the conference, an **Accessibility Liaison Team** will be available by phone and via the information desk. Please don't hesitate to visit us at the desk or call the accessibility coordinator at **201-819-4379**.

Examples of things the accessibility team is here for include:

- ★ Reserving necessary seating in advance of sessions you want to attend; for example, near the door, by the podium, a seat with no desk, somewhere you can stand up occasionally. Please come to the information desk to reserve seating.
- ★ Large-print presentation handouts
- ★ Rides between conference venues
- ★ Assistance navigating conference spaces: It takes 5-10 minutes to move between spaces in a wheelchair. All three venues and all conference rooms are wheelchair accessible.

Mental health support For information about mental health support, quiet space, self-care, or childcare, see the Room Assignments and Amenities sections on pages 6-7.

Please call or visit us at the front desk to request any support that will help you best engage the way you want to.

The three "F"s of being mindful*

- ★ **Fragrance** We request all conference attendees be scent/fragrance-free to the extent that you are able, so that participants with chemical sensitivities can attend the conference.
- ★ **Flash** Because flashing lights can trigger seizures or other adverse reactions, we ask that you avoid wearing or carrying decorative flashing lights and check with people around you before taking flash photography.
- ★ **Foto/Video/Audio** People wearing "a/v opt-out tags" (available at the information desk) don't want to be recorded. If you see someone wearing this tag, angle your camera away, or ask for an exception. Please offer seats out of range of sessions video cameras to people wearing opt-out tags.

*You can probably think of more things to be mindful about when it comes to making space for everyone! Maybe three for every letter of the alphabet even. These are some we think are worth pointing out specifically.

AMENITIES

Food

Black Orchid (West Philly DIY punk caterers) will serve hot lunches on Saturday and Sunday at Claire Fagin Hall for \$6-10 a plate (pay what you can within that range). Dishes are all vegetarian with gluten free, soy free and vegan options.

The Jazz & Java coffee bar in the lobby of Claire Fagin Hall will be open Saturday and Sunday 8-2 for coffee, snacks, light fare, and bottled beverages.

Saturday evening meals are on your own. We recommend a picnic in Clark Park at 43rd & Chester Ave before the party. Good takeout ideas in the immediate area include:

- ★ Desi Chaat House: Inspired by Indian street food, 42nd & Baltimore Ave
- ★ Atiya Ola's Spirit First Foods: Whole and raw foods, 45th & Baltimore Ave
- ★ Fiesta Pizza: Standard campus pizza joint with a giant menu, 45th & Baltimore Ave
- ★ Fu Wah Deli: Vietnamese tofu hoagies* and more; 47th just south of Baltimore Ave
- ★ Mariposa Food Coop: Full-service grocery with produce, snacks, and some prepared foods, between 48th-49th on Baltimore Ave

See the conference map online at tinyurl.com/RNphillymap for all of our suggestions.

See the district map at universitycity.org/restaurants for many more dining options in all price ranges and comfort zones. Philadelphia is exploding with great restaurants; if you're a foodie, don't miss an opportunity to dine out.

Childcare

To support parents' attendance, the Philadelphia Childcare Collective is donating time to keep kiddos entertained and safe. Free childcare is offered during the day at the main conference venue. Children are welcome at the Friday mixer. We may be able to arrange paid childcare for the Saturday party; call Hunter at 516-987-4871 to inquire.

Private breastfeeding or pumping is possible in the **lactation room** (217).

Mental health support

Social workers are on call for conversation when your emotions are stirred by conference content (or anything else). To reach Alana, Lane or Noel, call 260-337-3235. If you reach voice mail, leave a message; someone will call you back as soon as ever possible.

A list of **12-step meetings** in the area this weekend is available at the information desk.

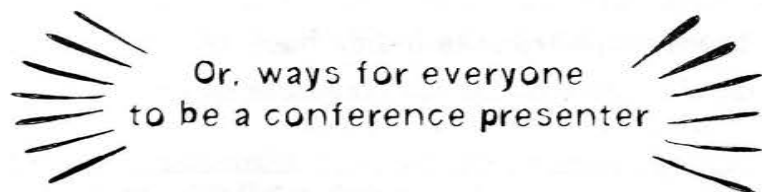
Need a break from all the words? Have a sit-down in the **quiet room** (208), or visit the **self-care room** for a soothing atmosphere, herbal tinctures, and hitting the reset button.

Bathrooms

Bathrooms on the sessions level of Claire Fagin Hall (2nd floor) have been relabeled to be gender-neutral. There are gender-specific bathrooms on the lobby level.

* This is the word the Delaware Valley inexplicably uses to denote a sandwich on a long split roll, known elsewhere as grinder, hero, poor boy, and sub.

SELF-EXPRESSION METHODS



- ★ **Pick-up sessions** Room 203 is a space reserved for folks who have a particular topic that they want to present or just converse about. There is a sign up sheet outside the door of room 203 and at the registration table. To reserve the room and spread the word, jot down your idea and the time **in both places**. See you there!
- ★ **Arts & crafts** Feeling like you want to use your hands and get creative? Come to room 203 to make whatever you desire – a postcard to send home, a note to an inspiring nurse you met here, an origami crane...whatever you're inspired to make with the materials supplied!
- ★ **Collective poster** In the lobby opposite the auditorium is a communal blank "canvas" and markers where you can declare your brainstorm, realizations, opinions, convictions, love...
- ★ **Video booth** Spend a few minutes in room 220, where a video camera is all set up to record your ideas about Rebellious Nursing in your own voice, with your own expressions. Bring a new best friend and record your conversation!
- ★ **Closing plenary** In our wrapping-up and future-forward session, we'll write short notes about our experiences of the conference and our hopes for the future of Rebellious Nursing. If you want to read yours aloud, go for it! If you want someone else to read it anonymously, that can happen. If you want to just listen, that's A-OK. We'll have one hour and many, many people; the final plenary will be great practice in making room for every voice. Step up! Step back!

ROOM ASSIGNMENTS

With the exception of the auditorium and the cafe space, all conference facilities at Claire Fagin Hall are on floor 2 (one floor above the mezzanine).

Auditorium: Plenaries & sessions	213 Sunday morning yoga (see page 12)
203 Pick-up sessions (see above)	214, 216, 218 Sessions rooms
203 Arts & crafts (see above)	217 Lactation room (see left)
208 Quiet room (see left)	219 Conference office
209 Self-care space (see left)	220 Video booth (see above)
213 Childcare (see left)	

See inside back cover for sessions room numbers.



SESSIONS DESCRIPTIONS



Room numbers: see inside back cover

*PHL denotes sessions which, while offering something for everyone, may particularly appeal to people practicing healthcare in and around Philadelphia.

Saturday September 28, 10:30 AM-12:00 PM

Real Stories of Rebellious Nurses!

Kelli Dunham

If you've ever eaten lunch with a bunch of nurses, you know that we are lovers of storytelling. Yet, as comfortable as we are with sharing our stories around a sandwich, we're often reluctant to share in a more public way. In this workshop, participants will learn about the evolutionary power of storytelling in the nursing profession and in greater culture, review the components of a good story, and respond to writing prompts and feedback to help develop a single episode, short form narrative that can be shared at the Saturday night Rebellious Nursing! party. Up to 13 people will have the opportunity to take the stage at the party; if more people want to do so, stories to present will be chosen randomly. We invite and encourage all storytellers to record their tales in the video booth in room 220!

Health worker roles in the environmental justice movement

Sean Petty, Peter Rugh, Jerry Silberman, and Lara Skinner

Superstorm Sandy, in the fall of 2012, brought into stark relief the devastating impact of climate change on people's health and well-being. "Extreme energy" extraction - from tar sands, deep-water oil drilling, and fracking - are growing industries and all come with severe implications for human and planetary health. If fossil fuel extraction isn't stopped, according to NASA scientist James Hansen and other sources, we will cross the tipping point of being able to stop climate change. This session will explore the issues surrounding climate change and health, as well as the growing climate justice movement. Nurses and other healthcare workers have a critical role to play in this movement as respected health experts, patient advocates, and through our potentially powerful collective organizations.

PHL Camden Coalition of Healthcare Providers: Community-based multidisciplinary care management for vulnerable populations

Victoria DeFiglio, Sharine Eliza, Angel Mitchell, Renee Murray, Bill Nice, & Elisa Perin

Frequently in large, urban environments across the country, healthcare delivery is fragmented, episodic, uncoordinated, and extremely inefficient. Often, several hospitals and health systems exist in the same city, but do not communicate. In one of the USA's poorest and most violent cities, where 40 percent of healthcare costs go to 8 percent of patients, The Camden Coalition of Healthcare Providers is redesigning primary care for vulnerable populations by building city-wide

partnership among traditionally competing hospitals, clinics, private practices and other agencies. Programs such as care management, collaborative data sharing, diabetes services coordination, and Pregnancy and Parenting Partners result in improved patient care and reduced costs. CCHP creates program models with replicability in mind, and in this session representatives will offer take-aways for designing healthcare coalitions in your community.

Fat-positive possibilities for rebellious health workers

Geleni Fontaine and Virgie Tovar

Fatphobia is a major barrier for fat patients seeking medical care. Geleni Fontaine, RN and acupuncturist, and Virgie Tovar, fat activist and editor of *Hot & Heavy: Fierce Fat Girls on Life, Love and Fashion* (Seal Press 2012), will lead a workshop and discussion on fatphobia in nursing and fat positivity as a harm reduction methodology, as well as offer tools for working respectfully with fat patients.

Saturday September 28, 1:30-3:30 PM

Anti-oppression fundamentals training for health workers

Jenna Peters-Golden

In this workshop we will develop shared language and a deeper analysis of how systemic oppression operates so that we can better understand how to transform ourselves and our organizations, workplaces, and communities. Together we will map what it looks like when systems like white supremacy, patriarchy, classism, homo and transphobia, ableism, etc influence and affect our day-to-day interactions, as well as organizational operations and practices. We will leave with a more comprehensive and complicated understanding of these systems, as well as action steps and resources to make concrete changes and impacts.

Saturday September 28, 1:45-3:15 PM

PHL Caring for immigrants & refugees: A toolbox for any health worker

Thaoi Nguyen, Kerenza Reid, and Gretchen Wendel

Every year, the USA becomes home to refugees from war-torn countries all over the world. Healthcare workers in all settings will encounter patients and families resettled from Vietnam, Laos, Cambodia, Uganda, Liberia, Ethiopia, Angola, Haiti, Iraq, Guatemala, and more. Nurses are crucially positioned to serve as communicators, advocates, gatekeepers, and problem-solvers in the care of this diverse population; yet, the healthcare system and work-shift time constraints often limit even the most radical nurse's attempt to ensure quality care and health literacy for these patients. This session illuminates the real and perceived challenges of refugee healthcare access and provision, with an emphasis on tools for application and prioritization in the busy everyday of any nurse. Topics to be covered include undocumented vs. documented immigrants in relation to healthcare; the impact of the Affordable Care Act on refugees (based on Pennsylvania law); special

consideration for survivors of torture (often identified by healthcare workers); and best practices informed by feedback and stories from Philadelphia's refugee community. This is an opportunity for interested attendees to connect with local organizations in need of nursing collaboration with refugee healthcare programs and initiatives.

Do no harm, do harm reduction: A guide for health and service professionals to working with people in the sex trade

Zil Goldstein, Chance Krempasky, and Lola Pelligrino

Sex workers have historically been regarded within public health as either victims or vectors of disease, rarely being treated as holistic individuals in need of comprehensive care. In an effort to improve conversations between health professionals and those in the sex trade, this training emphasizes creating a strong knowledge base about sex trade populations. Participants will examine common myths and stereotypes about sex workers, learn the health needs specific to sex worker populations, and consider the relationship between stigma and health/wellness strategies in the sex trade.

Finding balance: Holistic traditions and nursing

Geleni Fontaine and Ronica Mukerjee

Join us for an exploration of holistic healing traditions and their intersections with nursing practice. In this discussion we'll address non-dominant forms of medicine – acupuncture, herbal medicine, etc. – as sources of healing empowerment for individuals and communities, and consider how they can be accessed through the nursing profession. We'll also identify barriers to integrated practice and care and discuss how to address them. We'll include an overview of the relevance of holistic care for underserved communities and populations. We will discuss useful natural medicine interventions with patients affected by HIV. Additionally we will teach some basic gua-sha, a Chinese physical medicine application utilizing a blunt-edged implement rubbed against acupuncture points and channels. **Please bring an Asian style soup spoon (porcelain) or a metal spoon for this purpose.** We'll have space to share our various experiences using (or trying to use) holistic protocols in practice. Participants will also be given evidence-based protocols for use in the clinical setting.

Saturday September 28, 3:30-5:00 PM

PHL Need-to-know basics: The Affordable Care Act in Pennsylvania **Antoinette Kraus**

Open enrollment in the new health insurance marketplace starts just a few days from this workshop. In the lead-up, "how will the Affordable Care Act change my healthcare?" has surpassed "what's this rash?" as the first question that friends, family and the person next to you on the bus ask health workers. The Pennsylvania Health Access Network has been helping to answer that question since the law passed in 2010. In this session they'll tailor the conversation to need-to-know basics

for Pennsylvania health workers and their patients. Specific topics may include plan levels and tax subsidies for the new health insurance marketplace, community assisters vs. navigators, enrollment policy, background and campaign strategy for Medicaid expansion, and impact on local provider networks and communities.

Nurse practitioner's analysis of health disparities of people of color, HIV+ people and trans* people

Ronica Mukerjee and Linda Wesp

This workshop will analyze quantifiable social determinants of health and historical elements that affect the well-being of the above communities. There will be an analysis and review of both social and healthcare-related literature and history. We will discuss historical institutional effects including the Tuskegee experiment, the forced sterilization of Puerto Rican women, the role of big pharma on HIV/AIDS, and how Johns Hopkins decreased access to trans* care in the U.S. The health and role of the healthcare system in creating health disparities for adolescents and women of color will definitely be highlighted.

Overcoming barriers to abortion access, in and out of the clinic

Susan Schewel, Corinne Westing, and Janet Williams

States continue to pass restrictive abortion laws at alarming rates—43 provisions were enacted in the first half of 2013 alone (Guttmacher Institute). State laws, the number of abortion providers, and restrictions on public funding for abortion make access to safe, legal abortions exceedingly difficult. This session will feature three speakers (an Executive Director of an abortion fund, a clinic coordinator at an abortion clinic, and a nurse-midwife activist) who will discuss these barriers and efforts to overcome them. The session will also cover the limitations on abortion in the Affordable Care Act, and some exciting new national efforts to restore Medicaid funding for abortion. Participants will engage in the following question: how can nurses unite with reproductive justice activists to ensure reproductive freedom for individual patients and advocate for improved public policy?

Saturday September 28, 3:30-5:30 PM

Health and safety for direct actions, encampments and protest **Mutual Aid Street Medics and the Philly Street Medic Collective**

This two-hour session teaches how to stay safe and healthy in a direct action, blockade, encampment or any demonstration of political or social protest and empowers folks to dissent. We will teach practical, hands-on skills such as scene safety and chemical weapons exposure. In our work and trainings, we tend to stress consent and the connection between physical and mental health. We will include common herbal remedies used in these settings and discuss the role of licensed professionals providing care in insecure zones. This course is a tiny part of the full street medic training and we will present on the role of street medics (and how you can get involved!) in disaster relief, community health, public health and the dynamic way street medics and health care providers engage in dissent.

Sunday September 29, 8:00-8:50 am

Yoga for mind and body

Fatima Adamu

Fire up the brain while relaxing and exploring the mind and body. Fatima teaches with adaptations for all bodies and abilities. Bring a mat if you have one; we'll have a few for loan. Other useful things to bring are a yoga strap (a bathrobe tie works well) and a small towel to block out the light during savasana (final relaxation pose).

Sunday September 29, 9:00-10:15 am

PHL Unions: Building power for change in health care systems

Tiffany Howard and Maureen May

Some nurses believe that they are too professional or well-educated to be members of a union, foster stereotypes that union members are thugs, or simply trust that their employers prioritize patient's needs. History reminds us that healthcare unions are powerful tools for change because they mobilize the people who know best what improvements are needed: the people who work in healthcare every day. By coming together in a union, healthcare workers from home care providers to nursing home workers, hospital RNs to physicians, are transforming the health care industry from the ground up. Join us for a panel of two union members: a home care provider from Pennsylvania who just won her first contract, and a registered nurse at Temple University who led her co-workers out on strike to improve patient safety. They will share stories of sleep-ins at the capitol, picket lines, and building relationships with co-workers that led to tiny steps that are collectively moving mountains.

Horizontal support networks: Uprooting the myth of nurses as their own worst enemies

Peggy Chinn

We'll discuss the reality and the myths around the notion that "nurses are their own worst enemy." The goal is to shift the gaze to the realities and possibilities of nurse support networks. We'll begin by discussing underlying dynamics that lead to horizontal violence. Then we will focus on practical ways to prevent horizontal violence, and ways to address it when we first become aware that trouble is brewing.

A social justice guide to the Affordable Care Act

Benjamin Day

This workshop will help participants identify organizing opportunities and dangers that health reform will pose for patient and provider communities when the most significant components of the Affordable Care Act will begin implementation in 2014. How will health reform affect funding for the safety net? Racial and ethnic inequities in access to care? Reproductive health access? What else will it effect? Healthcare-NOW! will facilitate this discussion of how advocates for health care justice and equity can improve and move beyond national health reform.

PHL Point-of-care preventions and responses to gun violence

Scott Charles, Rose Cheney, Jonathan Purtle, and Patty Vitale

In the immediate aftermath of intentional violence, such as gunshot, stab or other assault wounds, victims usually pledge either to change their way of life or to seek revenge. That's why, given the right resources, the emergency room can provide a pivotal and potentially life-changing moment in the lives of young people admitted for intentional trauma. Yet too often, victims return without new resources to the environment where they were assaulted. What can we do to prevent reinjury and retaliation? In this session, representatives of four firearm-violence intervention organizations will explain the rationales, successes, and replicable points of their respective programs, with plenty of time for discussion. Presenting organizations include Camden GPS Program, Cradle to Grave, Firearm & Injury Center at Penn, and Healing Hurt People.

Sunday September 29, 10:30-11:45 am

PHL Nurse managed clinics as an accessible model for primary care

Lester Cohen, Patricia Gerrity, and Alice Sattler

Nurse Managed Health Clinics (NMHCs) are healthcare delivery sites operated by Advanced Practice Registered Nurses (APRNs), primarily nurse practitioners. These clinics are often associated with a school, college, university, department of nursing, federally qualified health center, or independent nonprofit healthcare agency. NMHCs provide primary care, health promotion, and disease prevention to individuals with limited access to care, regardless of their ability to pay. In this session, panelists will discuss their varied experiences in Nurse Managed Clinic settings, touching on establishing and maintaining a clinic, various roles represented at the clinic, access to care and health outcomes.

TRANSforming rebellion: Addressing transgender health needs in a mainstream medical setting

Zil Goldstein

Zil Goldstein, FNP, will discuss the process of creating transgender programming at Beth Israel Medical Center, moving from a loose network of providers serving trans* people's needs to a formalized transgender services program.

Pleasure, breathing and anarchy: Naloxone for all!

Gus Grannan

Harm reduction around injection drug use has reduced the rate of HIV infections drastically. No intervention against HIV has reduced prevalence among a high-risk population as successfully as syringe access has. Even so, its most powerful and radical effect has been to challenge the abolitionist rhetoric of the drug user without agency with data showing that IDUs can and do act to improve their own health and the health of those around them. Another example of harm reduction success in the

public health field has been peer training and distribution of the opioid antagonist naloxone. In the United States there are reports of over 10,000 successful reversals (2012) among peers trained to recognize signs of an overdose and to gently intervene to preserve life without causing pain. This session will cover training in opioid OD recognition and the effects of naloxone, outcomes, successes and challenges on the regulatory, social and programmatic levels.

Unintentional racism in the U.S. healthcare system

Brenda Shelton-Dunston and Black Women's Health Alliance

It's crucial for a conference about health equity to address how racism and oppression is experienced by workers and patients in the U.S. healthcare system, and how this impacts health outcomes and disparities. While assumptions are rarely a good idea, it's safe to assume that people at the Rebellious Nursing! conference put effort into countering race-based oppression in their workplace and their lives, and consider how they and their workplaces can challenge the culture that enables it. This session organized by the Black Women's Health Alliance will peel back the subject to a deeper, perhaps more unexamined level, with an introduction to unintentional and institutional racism in healthcare, followed by patient perspectives of their relevant experiences with healthcare practitioners.

Sunday September 29, 1:30-2:45 pm

PHL Compassionate nursing care inside the criminal punishment system

Kathleen Brown, Debra Ann D'Aquilante, and Mary Silva

In this workshop, three healthcare providers in the Philadelphia Prisons Systems will discuss the unique struggles and victories of caring for incarcerated individuals in Philadelphia. An RN, NP, and MD panel will discuss: the impact to public health created by provided health screening and evidence-based-care in jail to those without access to other healthcare services, including individuals who engage in sex work, the drug trade, or are experiencing homelessness; increasing rates of consent in screening for HIV, TB, and other infectious diseases; and efforts to create a sexual assault protocol in the jail to support victims and promote disclosure, safety, and appropriate care for victims and offenders.

Adverse childhood events and health across the lifespan: Implications for nursing

Patricia Gerrity

The Adverse Childhood Experiences (ACE) Study is one of the largest investigations ever conducted to assess associations between childhood maltreatment and later-life health and well-being. The ACE Study findings suggest that certain experiences are major risk factors for the leading causes of illness and death as well as poor quality of life in the United States. Progress in preventing and recovering from the nation's worst health and social problems is likely to benefit from understanding that many of these problems arise as a consequence of adverse childhood experiences.

In this session you will learn about the ACE Study and how early experiences help to determine brain structure, thus shaping the way people learn, think, and behave for the rest of their lives. Implications for nursing practice, education and policy/advocacy will be discussed.

Laughter is a revolutionary gesture: Humor & self-care for health workers

Kelli Dunham

The nature of our work as nurse activists is intense and that, combined with passion, can sometimes contribute to depression and burnout as well as a single focus on work that is neither healthy for us as individuals nor effective. This workshop, presented by a bachelor's prepared nurse with more than a decade of experience in community and in stand up comedy, explores how we can reclaim humor and use it to relieve stress, communicate better, subvert the dominant paradigm and build resilience. You don't have to consider yourself "a funny person" to participate in this workshop. It's about discovering our own unique sense of humor. We'll have fun and NO ONE will make you wear a clown nose, promise.

Disability and the profession of nursing

Suzanne Smeltzer

This session will describe the role of nursing and nurses in disability, explore the rationale for nursing to take a proactive role in improving health access and care for persons with disabilities, and identify strategies for nurses to improve care for persons with disabilities.

Room numbers: see inside back cover



*PHL denotes sessions which, while offering something for everyone, may particularly appeal to people practicing healthcare in and around Philadelphia.



LUNCHTIME CAUCUSES

Saturday 9/28, 12:30-1:30

Nurses of color

Facilitated by Kandice C. Jones-Gairy

This session will discuss the challenges that people of color face in various roles of the nursing profession. We will address questions such as: What are the experiences of people of color as nurse educators/faculty, students, and bedside nurses? Have you ever been discriminated against at work or school, and how did you deal with it? Do you feel that there is a shortage of people of color in the nursing profession to provide culturally competent care for the growing diversity of patients in the U.S.? Topics suggested by the group are welcome. Please come share your experiences and thoughts to empower people of color in nursing, and to brainstorm ways to confront our challenges. Nurses of color at any level of practice are welcome to attend.

Note: Space closed to providers who self-identify as people of color.

End-of-life planning (yours)

Facilitated by Kate Wendland Duncan

In order to provide you with the best care possible at the end of your life, what three non-medical facts should your healthcare provider know about you? Do you have a clear sense of when you would say "I don't want any more interventions to extend my life?" If you needed help using the toilet, who would you choose to help you? Have you made an Advance Directive dictating the care you want in the event you can't do so yourself? In preparation for writing one, we'll play *My Gift of Grace*, a game that helps people talk about death and end-of-life choices. A project of The Action Mill, *My Gift of Grace* is a winner of the California Healthcare Foundation's End-of-Life Challenge. Now in the final stages of design, the game's publication will be informed by our experience of play and feedback.

Disability

Facilitated by Dana Kline

This is an informal gathering of nurses and providers of all practice levels who identify as disabled or chronically ill. This space will create an opportunity for people to share their experiences within the health care professions as they relate to how the current nurse as able-bodied /patient as disabled dichotomy, and lack of accommodations for providers with disabilities, have affected their personal stories.

Note: Space closed to providers who self-identify as disabled/chronically ill.

Nursing education

Facilitated by Peggy Chinn and Jane Palmieri

This caucus will explore current issues in nursing education. We will identify at least three goals for change in nursing education, and outline actions that can be taken by students, faculty and clinical supervisors to move toward these changes.

Unstructured
conversations
over lunch,
for and about...

Home care providers, CNAs, and med-techs

Facilitated by Shonta Mills

Bring your lunch and join us for an informal discussion about rebellious nursing from the perspective of home care providers, CNAs, and med-techs. How are our jobs similar or different? How have we mobilized for change in our workplaces or professions? What unique role do we play that is critical to health outcomes?

Note: Space closed to individuals who work as Home Care Providers, CNAs, and med-techs.

Sunday 9/29, 12:15-1:15

Reproductive justice

Facilitated by Meghan Coquillon and Marit Knutson

A discussion of how nursing students, nurses, nurse practitioners, nurse-midwives and other clinicians can band together with activists, or be activists ourselves, to shape and inform policy that will allow abortion access to all women, free of judgement and full of respectful care. Bring ideas and insight into how we can make abortion available to all despite state-by-state legal restrictions, and what needs to happen in order for access for all to become a reality.

LGBTQI health and health care workers

Facilitated by Tino

Let's share our experiences as LGBTQI health workers and consumers of healthcare. This will be a loose, participant-driven discussion; bring your ideas and topics! Some ideas include: How can we be the best advocates for LGBTQI patients? What are the existing policies (Joint Commission, CMS) for providing competent care to LGBTQI patients, and how could they be improved? What is the diversity or nondiscrimination policy at your workplace or school? How could your place of work/education be more accessible to LGBTQI patients, employees or students? How can you ensure that your institution is compliant with regulatory and accreditation requirements?

Migrant health justice

Facilitated by Brendan Bailey

An informal meet-up and discussion for all people organizing or interested in migrant justice and health. The hope is to share stories, contacts, ideas, tactics and opportunities for solidarity.

Prisoner health

Facilitated by Erika Harrison

A conversation for and with folks who have worked in jails or prison, or for those interested in learning more about this area of nursing. Discussions will include: healthcare needs and issues common to imprisoned folks, working within a system that's often working against you and your patients, harm reduction with prisoners, and trauma stewardship and self-care.

Room numbers: see inside back cover



REBELLIOUS NURSING! SESSIONS PRESENTERS



Fatima Adamu **Yoga for mind and body**

Fatima grew up in Nigeria, West Africa and was passionate about movement, fitness and emotional well-being from a young age. She discovered yoga as a college student in 2002, has been teaching since 2010 and began teaching adaptive/wheelchair yoga in 2013. Fatima currently teaches in Philadelphia at the University of Pennsylvania, Magee Rehabilitation Hospital and has private clients in Philadelphia and Chestnut Hill. Read more at <http://phillyyogaclass.com>.

Brendan Bailey **Migrant worker health lunchtime caucus**

Brendan Bailey lives in Toronto and is in his final year of nursing school. Through nursing he is involved in popular education/popular theatre, harm reduction, cultural safety and health promotion. In his life as an activist, he organizes with a group called Health For All (health4all.ca) around issues of migrant justice and health. The group focuses on access to healthcare without fear of deportation, debt, detention or denial of service. They call for universal health coverage and status regularization for all people in Canada solely on the basis of their being human. They also see health as requiring full economic, social, environmental and political rights for all people.

Kathleen Brown, RN, CRNP, PhD, FAAN **Compassionate nursing care inside the criminal punishment system**

Dr. Brown's teaching and practice focuses on victimization locally, nationally and internationally. Dr. Brown is Associate Practice Professor at the University of Pennsylvania School of Nursing, and an active research member of the Global Center for Women's Health housed at Penn Nursing. A member of the nursing community since 1968, Dr. Brown has been an important member of teams working toward reducing sexual violence.

Scott P. Charles, MAPP **Point-of-care preventions of and responses to gun violence**

Scott Charles is the Trauma Outreach Coordinator for Temple University Hospital in Philadelphia and is Director of TUH's Cradle to Grave Program, an award-winning hospital-based violence prevention initiative that illustrates the harsh realities of gun violence for public school students and adjudicated youth. He is also a member of St. Joseph's University's Institute for Violence Research and Prevention. Scott has spent more than 20 years working with at-risk youth and has spoken nationally about the use of service-learning in urban school

settings. A native of California, he served there as an at-risk youth specialist for the State Department of Education and assisted in the development of a statewide rites of passage program for young African American males.

Rose Cheney, PhD **Point-of-care preventions of and responses to gun violence**

Dr. Cheney is a demographer by training, with over 25 years of experience in public health and community interventions. As Executive Director of the Firearm and Injury Center at Penn (FICAP) at the University of Pennsylvania, she continues to foster interdisciplinary collaborations and perspectives relevant to preventing the incidence and impact of injury. She is particularly interested in synthesizing scientific evidence that helps answer community requests for simple, sustainable interventions to address the impact of exposure to violence. As a principal investigator for a multi-institutional program working with gunshot wound victims discharged from trauma centers, Dr. Cheney participated in the founding of the National Network of Hospital-based Interventions for Violence Prevention. She has worked with a broad range of violence-prevention randomized trials, including one testing environmental modification of vacant land and another testing nutritional interventions for aggressive youth.

Peggy L. Chinn, PhD, RN, FAAN **Horizontal support networks: Uprooting the myth of nurses as their own worst enemies**

Read about Peggy in the organizers section on page 32.

Lester Cohen, CRNP **Nurse-managed clinics**

Lester Cohen holds a Master of Science from Pace University and is a Certified Family Nurse Practitioner with more than 35 years as a primary care clinician. He has worked in both the private and public sectors, including community health services for the homeless, and as a managing partner at an internal medicine practice and a geriatric practice. Lester joined the Network in 2005 and remains committed to seeing patients regularly at each of the health center locations.

Meghan Coquillon **Reproductive justice lunchtime caucus**

Meghan Coquillon is a senior second-degree nursing student at VCU School of Nursing in Richmond, VA. Her first degree is in Gender Studies from Stony Brook University, and between her two degrees she worked as an organizer for the Feminist Majority Foundation in Washington DC working on reproductive health issues with campus activist groups. Considering she has been dead set on becoming a nurse-midwife, she's been shocked to find she genuinely enjoys med-surg nursing. Meghan is an avid abortion funder, passionate about global health, and would rather be cuddling with her dog Toby.

Debra Ann D'Aquilante, M.D.**Compassionate nursing care inside the criminal punishment system**

Dr. D'Aquilante is a board-certified Infectious Disease specialist working at the Philadelphia Prison System for the past 19 years. Her primary role is caring for incarcerated HIV positive patients. She also serves as Infectious Disease physician for other infections in the prison based on consults from our primary care physicians. She is AAHIVM (American Academy of HIV Medicine) certified as an HIV specialist, and is employed by Corizon.

Benjamin Day**A social justice guide to the Affordable Care Act**

Ben is the Director of Organizing of Healthcare-NOW! Previously he was the Executive Director of Mass-Care: The Massachusetts Campaign for Single Payer Health Care. Under his leadership Mass-Care grew into a coalition of over 100 member organizations and five local chapters. Before joining Mass-Care, Ben received his undergraduate degree in Philosophy and Political Science from UMass Boston in 2002, where he graduated as the John F. Kennedy Award winner, UMass Boston's version of valedictorian. Following graduation Ben attended the University of Sussex in Brighton, England on a Fulbright Scholarship for a Masters in Social and Political Thought.

Victoria DeFiglio, RN**Community-based multidisciplinary care management for vulnerable populations**

Victoria DeFiglio is Clinical Manager for Camden Coalition of Healthcare Providers' Citywide Diabetes Collaborative, a multidisciplinary effort to improve diabetes care at the patient, practice and community level. As a registered nurse, she oversees the clinical aspects of chronic disease care teams across two Camden primary care practices. Prior to joining the Coalition, Victoria served as a Teach For America corps member teaching high school science in Saint Louis. She is a graduate of Simmons College and Goldfarb School of Nursing.

Mary Kay Dollard, FNP**Compassionate nursing care inside the criminal punishment system**

Mary Kay Dollard is currently exploring the impact of incarceration on mental illness as a doctoral student at Penn. She has worked as a Nurse Practitioner in Mental Health in the Philadelphia Prison System for almost seven years, and was AANP's Pennsylvania Nurse Practitioner of the Year in 2012. While preparing to be a nurse in Penn's BSN/MSN program, she started to work for Camden AHEC's mobile Health Van providing free health care to the homeless in that city, where she continued to work until moving into full time work at the jail. Her experiences with underserved, understudied and, in many respects, ignored populations, have made her a rebel in the field for years.

Kate Wendland Duncan, RN**End-of-life planning lunchtime caucus**

Read about Kate in the organizers section on page 33.

Kelli Dunham, RN**Real Stories of Rebellious Nurses!****Laughter is a revolutionary gesture: Humor and self care for nurses**

Kelli Dunham is an award-winning stand up comic, genderqueer ex-nun as well as a bachelor's prepared registered nurse with more than a dozen years of experience in community health. Kelli has presented on LGBT health issues and humor and healing at the Drexel University School of Medicine, the American Medical Publisher's Association annual convention, St. Luke's College School of Nursing, Conventionality Unlimited, Citibank, Harvard Women's Hospital, Philadelphia College of Osteopathic Medicine and the Won Institute School of Acupuncture among many others. Kelli is the author of FA Davis' *How to Survive and Maybe Even Love Nursing School*, which is in its fourth edition, is frequently adopted for intro to nursing classes and was an American Nursing Association Book of the Year in 2005. Kelli also wrote two health books for kids: *The Boy's Body Book: Everything You Need to Know for Growing Up YOU* (Applesauce Press, 2007) and *The Girl's Body Book: Everything You Need to Know for Growing Up YOU* (Applesauce Press, 2008). These, strangely, are used within the Sonlight Conservative Christian Homeschool Curriculum as part of their health units. Kelli's fourth book, *Freak of Nurture*, a selection of humorous stories mostly about personal tragedies was released from Topside Press in 2013. It was blurbed by dyke comic Kate Clinton and world renowned death expert Alexandra Straada.

Sharine Eliza**Community-based multidisciplinary care management for vulnerable populations**

Sharine Eliza is a Medical Assistant/Community Health Worker for the Camden Coalition of Healthcare Providers. She has a background in Medical Office Administration and Medical Assistance. She enjoys working directly with patients and families and caring for her fellow community members in Camden. She provides clinical assistance throughout the spectrum of the care management intervention and works as liaison and advocate for Spanish speaking patients. She has experience in community-based geriatric care and managing complex patients at a busy primary care office located in one of Camden's healthcare cost and utilization hot-spots.

Geleni Fontaine, LAc, RN**Fat-positive possibilities for rebellious health workers**

Geleni is a fat, queer, Latina/o transperson raised and thriving in Brooklyn, New York. They are an acupuncturist and registered nurse with a public health and HIV-counseling background. Today Geleni uses their knowledge of Western allopathic medicine to support their holistic East-Asian practice, helping individuals navigating both healthcare systems. Geleni is a proud cooperative member and practitioner at Third Root Community Health Center, a worker-run holistic health care center

providing transformative, accessible, and empowering care to LGBT, people of color, and all communities in Flatbush, Brooklyn. They are a former board member of NOLOSE, an organization devoted to challenging the stigma put on the bodies of fat queer people. They have also served as a board member of the Audre Lorde Project, the first queer people of color center for organizing in the U.S. where they have recently worked with others to develop the Third Space Healing Project.

Tino Fullbright, RN, BSN

LGBTQI health and health care workers lunchtime caucus

Read about Tino in the organizers section on page 33.

Patricia Gerrity, PhD, RN, FAAN

Adverse childhood events and health across the lifespan

Dr. Patricia Gerrity serves as Associate Dean for Community Programs at Drexel University's College of Nursing & Health Professions. She focused her career on providing access to health care for underserved populations through the advancement of nurse-managed health centers. Nationally known for her work in promoting health in diverse urban communities, she received more than \$15 million in grants from local, state and federal sources, including HRSA, the PA State Department of Health, the Independence Foundation and the Pew Charitable Trusts. She also serves as the Director of the Eleventh Street Family Health Services of Drexel University, a nurse managed, federally qualified health center in North Philadelphia. In addition to improving the health status of community residents, the center serves as a site for research, education and practice for the college's faculty and students. Dr. Gerrity earned a PhD in Health Planning from the University of Pennsylvania, Graduate School of Arts and Sciences, Department of City and Regional Planning; a Master of Science in Nursing and a Bachelor of Science in Nursing from the University of Pennsylvania. Elected to Fellowship in the American Academy of Nursing in 1995, she was named an "Edge Runner" by the Academy in 2008.

Zil Goldstein, MSN, FNP

Do no harm, do harm reduction: A guide for health and service professionals to working with people in the sex trade

Zil Garner Goldstein is currently a nurse practitioner at Beth Israel Medical Group in New York where she practices primary care, focusing on LGBT/queer health, transgender health and HIV primary care. She has been working as a healthcare provider and advocate for people involved in the sex trade for the past eight years, and working in the trans* health field for the past ten years. She is also an author and editor for Trans Bodies, Trans Selves and loves teaching other nurses how to work with sex worker and trans* clients.

Gus Grannan

Pleasure, breathing and anarchy: Naloxone for all!

Gus Grannan has been a committed harm reduction activist for over a decade. In diverse locales he has built respectful relationships with drug users, sex workers,

health workers and other communities fighting the effects of systematic human rights transgressions. He collaborates with drug users in Philadelphia, the Sex Worker Outreach Project-Philadelphia, the HIV Prevention Planning Group and the Hepatitis C Allies of Philadelphia.

Erika Harrison

Nursing behind bars lunchtime caucus

Erika Harrison is a trained full-spectrum Doula, as well as a Licensed Practical Nurse. She has worked and volunteered in diverse settings, including as a midwife's assistant, a birth control/pregnancy options counselor, and in a health department STD clinic. She has spent the last several years in love with public health and harm reduction, and can be found working as a nurse in the county jail or at an outpatient substance abuse treatment center. She has two wild children and is hopeful for them to grow up in a world where holistic healthcare and health education is a right and not a privilege.

Tiffany Howard

Unions: Building power for change in health care systems

Tiffany Howard has been a Home Care Attendant for six years. She does this work because she believes Home Care Providers improve the quality of life of their consumers. She prides herself on being there for people in their time of need, and wants to provide the same level of care, with better results, than a Nursing Home. Tiffany has cared for people across the country, but recently moved back to Philadelphia to care for her aging Grandmother. Tiffany currently works at Liberty Home Choices. She served on the bargaining team for the United Home Care Workers of Pennsylvania, a SEIU-AFSCME partnership. After a multi-year struggle, HCW recently won a new contract with the Consumer Workforce Council (the joint entity of four Centers for Independent Living across the state).

Kandice C. Jones-Gairy, MPH, RN

Nurses of color lunchtime caucus

Read about Kandice in the organizers section on page 33.

Marit Knutson

Reproductive justice caucus

Marit Knutson is an abortion rights activist from the west coast who began nursing school last June, and is slated to become a women's health nurse practitioner so that she can provide respectful gynecological and first trimester abortion care to women in community and rural settings.

Chance Krempasky, BSN, MSN, RN, WHNP-BC

Do no harm, do harm reduction: A guide for health and service professionals to working with people in the sex trade

Chance Krempasky is an activist and women's health nurse practitioner living in Brooklyn. A 2010 graduate of the Columbia University School of Nursing, Chance spends his time working primarily in community-based health settings, inside and

outdoors, providing harm reduction and mindfulness-based wellness services. They are dedicated to breaking down the barriers that block healthcare access for people seeking abortion, drug users, people who trade sex, and queer and trans/gender non-conforming folks. Chance has presented on healthcare provision best practices with sex workers and drug users in various universities, conferences, and community settings. He co-hosts a Cleveland, Ohio-based radio show called Voices and Choices, and is involved with community safety efforts in the NYC area. Chance serves as a board member of The PROS Network (Providers & Resources Offering Services to Sex Workers) and provides direct care for Persist. Chance@persisthealthproject.org

Maureen May, RN

Unions: Building power for change in health care systems

Maureen May has been a registered nurse and patient advocate for 30 years. She currently works at Temple University Hospital in the Neonatal ICU and serves as the President of TUHNA – Temple University Hospital Nurses Association. TUHNA is a local of PASNAP (the Pennsylvania Association of Nurses and Allied Professionals). Maureen was president of TUHNA and leader of the 2010 strike at Temple, a time she recalls as the most exciting moment of her career as a nurse and union activist.

Shonta Mills

Home care providers, CNAs, and med-techs lunchtime caucus

Shonta Mills is a home care provider from SEIU VA 512. She has worked as a home care provider for 15 years. Shonta is currently employed as a Home Care Organizer for her union. She enjoys teaching members skills such as CPR and safe lifting techniques. In her free time Shonta likes to volunteer for political candidates and play poker.

Angel Mitchell, LPN

Community-based multidisciplinary care management for vulnerable populations

Angel Mitchell is a nurse care coordinator with the Center for Medicaid/Medicare Initiative team. Her responsibilities include medication management, care plan implementation, participating in interdisciplinary case conferences and assisting patients to navigate primary care and/or specialty appointments, as well as address social needs of clients that may serve as a barrier to receiving adequate care. She received an Associate's Degree in Criminal Justice from Camden County College and is also a recent graduate of Lincoln Technical Institute. She is a licensed practical nurse in the State of New Jersey and Pennsylvania. Her ultimate goal as nurse care coordinator is to educate and assist community members in navigating Camden's complex health care system so that each individual receives appropriate and quality health care.

Ronica Mukerjee, MSN, MsA

Nurse Practitioner's analysis of health disparities of people of color, HIV+ people and trans* people

Ronica is a Family Nurse Practitioner and Licensed Acupuncturist. She has been working with trans* patients providing Eastern and Western medicine since 2003. She is currently the Director of Transgender Health Services for Community Healthcare Network where she oversees trans medical care network-wide for 12 community

health centers, primarily located in the outer boroughs of New York. Her work involves providing primary care for undocumented and HIV+ people as well as educating medical providers in multiple countries throughout the world about trans care. She also maintains a tele-medicine project in Delhi, India working primarily with trans (hijra) women who are sex workers. She treats patients in English, Spanish, Bengali, American Sign Language, and Hindi (primarily in Brooklyn, Queens and Manhattan) and is currently adjunct faculty at Yale and UPenn Schools of Nursing.

Renee Murray, BA, BSN, RN

Community-based multidisciplinary care management for vulnerable populations

Renee is a Clinical Project Coordinator for the Pregnancy and Parenting Partners Program at Camden Coalition of Healthcare Providers. She graduated from the University of Medicine and Dentistry of New Jersey with a BSN and previously received a BA in Psychology from St. Joseph's University. Her prior experiences include teaching at Camden Catholic High School instructing Psychology, Health, and Cultural Geography courses as well as being the Admissions Director. Most recently Renee practiced nursing on an Oncology/Hematology unit at Hahnemann University Hospital.

Thoai Nguyen

Caring for immigrants and refugees: A toolbox for any health worker

Thoai Nguyen, CEO of Southeast Asian Mutual Assistance Associations Coalition, Inc (SEAMAAC), is a first generation Vietnamese refugee who came to the United States in 1975. Thoai is a long-time community organizer and advocate who has worked on community development projects and economic and social justice campaigns in many communities throughout Africa, Asia, Eastern/Central Europe, and North America. SEAMAAC, Inc., founded in 1984, has over twenty nine years experience serving and advocating for refugees and immigrants in the Greater Philadelphia area. Thoai also serves as Commissioner for the Mayor's Commission on Asian American Affairs, Mayor's Commission on Aging, Mayor's Cultural Advisory Council, Mayor's Council for College and Career Success and the Mayor's Office of Community Empowerment & Opportunity (Anti-Poverty Commission) Oversight Board.

Bill Nice

Community-based multidisciplinary care management for vulnerable populations

Bill Nice is the Intervention Specialist for the Camden Coalition of Healthcare Providers' two CMMI teams. Needing someone to meet frequently with socially complex patients, his primary role involves working directly with patients who are homeless or at risk for homelessness, connecting them to local service organizations and community resources while also ensuring they have an advocate who can help them navigate the social service system when necessary. Bill is a Communications graduate of Rowan University and is a current Rutgers Social Work Masters student. Over the last two and half years Bill has worked with Camden's homeless and will be undertaking a nearly yearlong placement through Rutgers in one of Camden's drug and alcohol programs to learn about addictions.

Jane Palmieri, RN, BSN
Nursing education lunchtime caucus

Jane Palmieri is clinical faculty at Linfield College in Portland, Oregon and is working on her MSN in Education through Walden University. Her specialties are primary care, case management, and migrant community health. Jane is a social and environmental justice activist and appreciates all levels of radical activity — from punks taking to the streets and resisting arrest to wonks crafting policy change. Jane is currently fired up to change nursing curriculums, specifically the lack of content regarding communication competencies with clients who are sexual or gender minorities. She sees education as a means to continue to inspire advocacy and activism amongst the next generation of healthcare professionals. In her free time she can be found making herbal medicine, harvesting and preserving fruit from her personal orchard, and calling queer square dances.

Lola Pellegrino, MSN, RN, WHNP-BC, ANP-BC
Do no harm, do harm reduction: A guide for health and service professionals to working with people in the sex trade

Lola is a women's and adult nurse practitioner living in Brooklyn. From New York originally, she returned home to practice after graduating from Yale School of Nursing in 2012. She is committed to advancing reproductive justice, sexual health, harm reduction approaches, and increasing access to care, especially for youth, those involved with the sex trade, and LGBTQI* individuals. She is a founding member of PERSIST, a grassroots health organization that is working to create direct health services for those involved in the sex trade in NYC. Passionate about driving very fast and the triumph of good over evil, she is also a staff writer at *Rookie Magazine* and frequent contributor to the *Hairpin*.

Elisa Perin, BSN, RN
Community-based multidisciplinary care management for vulnerable populations

Elisa serves as a clinical manager for the Care Management outreach team at the Camden Coalition of Healthcare Providers. This program aims to target high-cost, medically and socially complex patients to reduce preventable hospital utilization in Camden. Before joining the Coalition, she worked as a registered nurse in various public health capacities including the provision of maternity support services and infant case management to Medicaid eligible women, a community-wide program focused on training local communities most at-risk of facing adverse health outcomes to create policy and environmental changes that address lifestyle behaviors linked to some of the leading chronic diseases, and chronic disease care coordination among patients in a Federally Qualified Health Center. She is passionate about engaging in healthcare reform through initiatives that aim to strengthen the care delivery systems and coordinate care delivery with other community resources, including public health services.

Jenna Peters-Golden
Anti-oppression fundamentals training for health workers

A member of the AORTA Collective, Jenna Peters-Golden is an organizer, trainer, anti-Zionist Jewish rabble-rouser and artist with an inexhaustible amount of energy for exploring, taking things apart, and putting them back together. Firmly planted in West Philadelphia, Jenna was raised in southeastern Michigan. Politicized around the U.S. invasion of Iraq in 2001, she came out of her shell by way of youth-led anti war organizing. As national intern for the Young Democratic Socialists of America, Jenna became committed to radical participatory democracy in all of its forms. She has organized regionally and nationally for the new Students for a Democratic Society, the Rainforest Action Network and Student Environmental Action Coalition around PowerShift. She has been inspired by working with organizations like Casino Free Philadelphia and the Ruckus Society, and is a member of the political study group Marginal Notes. Jenna is also a core member of Philly Stands Up, a transformative justice collective.

Sean Petty, BSN, RN, CPEN
Health worker roles in the environmental justice movement

Sean is a Pediatric Emergency Room nurse at a public hospital in the Bronx, NY, and a member of the Board of Directors of the New York State Nurses Association (NYSNA). Sean helped organize NYSNA's opposition to the Keystone XL pipeline, and is currently working to build broader healthcare organization and labor opposition to the pipeline.

Becca Piser, RN
Health and safety for direct actions, encampments and protest

Becca Piser works as a registered nurse. She was trained as a street medic in 2002 and is active in Mutual Aid Street Medics and Philly Street Medic Collective as a medic and trainer. Becca is a founding member of Peoples Medical Relief, providing medical relief and recovery work with survivors of hurricane Sandy in New York. Becca has challenged medic trainers across the eastern and central U.S. to update their trainings to meet current realities, and helped develop new curricula for training street medics, affinity group medics, and community first-aiders. Becca started two prison arts programs and is working on starting a third.

Jonathan Purtle, MSc, MPH
Point-of-care preventions of and responses to gun violence

Jonathan Purtle is a doctoral student in the Department of Health Management & Policy at Drexel University School of Public Health, where his research focuses on public health policy and practice related to psychological trauma. He is interested in the processes through which traumatic experiences can lead to adverse health outcomes later in life and systems-level approaches to intervention. Jonathan works at Drexel's Center for Nonviolence and Social Justice, where he is involved with the evaluation of Healing Hurt People, a hospital-based violence intervention program. He also has worked on a range of research projects relating to health disparities,

health care reform, and public health preparedness as a program manager and health policy analyst. He holds a Master's degree in sociology from the University of Amsterdam and a Master of Public Health from Drexel.

Kerenza Reid, MSW, LSW

Caring for immigrants and refugees: A toolbox for any health worker

Kerenza Reid is the Project Coordinator for the Philadelphia Partnership for Resilience lead by Nationalities Service Center. Kerenza has over a decade of experience working with vulnerable children and adults in a range of milieus including teaching, child welfare case management and investigation, and as a bio-psycho-sexual evaluator and child and family therapist for child survivors of sexual abuse. In her work with the Philadelphia Partnership for Resilience, Kerenza oversees case management activities which serve over 140 survivors of torture and immediate family members, and coordinates programming across agencies participating in the collaborative work of the project.

Peter Rugh

Health worker roles in the environmental justice movement

Peter is an organizer with System Change Not Climate Change, a nationwide ecosocialist coalition founded this year. In addition to his activism, he is a freelance reporter, covering health, climate and other social justice issues for Salon.com, Vice, Free Speech Radio News and other media outlets. Follow him on twitter @EarToEarthNews.

Alice Sattler

Nurse-managed clinics as an accessible model for primary care

Alice is a Certified Nurse-Midwife, living in Nashville, TN, who currently works at a nurse-managed women's health clinic and Federally Qualified Health Center, primarily serving immigrant and refugee women. She has a background in harm reduction, needle exchange, and Spanish interpretation prior to Nurse-Midwifery. She is collaborating on an intervention to reduce anti-LGBT prejudice at the college undergraduate level, as well as a project looking at primary health outcomes of a cohort of trans* individuals in the American South. Alice sits on the Ethics committee of the American College of Nurse-Midwives, which advises the Board of Directors and other members on decisions and organization policy. She is a member of Clinicians for Choice, and believes strongly in a full scope of reproductive justice, from opposing the criminalization of activities pregnancy and mistreatment in maternity care, to accessible abortion and contraception services for all women.

Susan Schewel, MSN, PhD

Overcoming barriers to abortion access, in and out of the clinic

Susan Schewel chose nursing as a career as a 2nd wave feminist seeking to gain skills for the women's health movement. She worked as an RN and a Women's Health NP for 25 years in a wide range of ob/gyn care settings, including high risk labor and delivery, a preterm birth prevention trial, and family planning clinics. She is the Executive

Director of the Women's Medical Fund, an abortion access fund in Philadelphia. She is a member of the Board of Health of the Philadelphia Department of Public Health and a former board member of the National Women's Health Network.

Brenda Shelton-Dunston, MPH

Unintentional racism and the U.S. healthcare system

Brenda is the Executive Director of the Black Women's Health Alliance and architect of the flagship initiative "Creating a Legacy of Wellness: Mind, Body and Spirit" in Philadelphia. She is known as a boundary spanner for facilitating effective partnerships between community, faith-based, health and corporate entities. She has managed nursing homes and community health centers; provided health and human service management, and health education and awareness consulting in the public and private sector; and developed the first Minority Infant Mortality Reduction Program in North Carolina. Brenda received a MPH from the University of Pittsburgh Graduate School of Public Health; a BS Degree in Medical Technology from Central State University; and licensure as a Nursing Home Administrator in NC and PA.

Lara Skinner, PhD

Health worker roles in the environmental justice movement

Lara Skinner is Extension Associate, ILR NYC; Associate Director of Research, Cornell Global Labor Institute; and Co-Chair of the Labor, the Environment and Sustainable Development Working Group of the Worker Institute at Cornell. Dr. Skinner has worked with the ILR labor team and the Global Labor Institute since Fall 2008. She received her PhD from the University of Oregon in 2010 with a dissertation titled *Is it Just Sustainability? The Politics of Urban Sustainability, Labor Unions and Social Justice*. At Cornell, Skinner does research, writing, and labor education related to labor unions' engagement in issues of sustainability, climate protection, and economic alternatives.

Suzanne Smeltzer, EdD, RN, FAAN

Disability and the profession of nursing

An internationally known scholar, researcher, educator and author, Dr. Smeltzer has directed Villanova University College of Nursing's Health Promotion for Women with Disabilities Project, funded by a grant from the Bristol-Myers Squibb Foundation. Committed to making health promotion practices and services accessible and acceptable for those who are physically challenged, she has done extensive research on and can discuss health issues of people with multiple sclerosis and other disabilities, how to improve the health and wellness of those who are disabled, and how to integrate disability content into the education and training of health care professionals. Dr. Smeltzer is a member of several national task forces devoted to improving the education of health care providers about health care of people with disabilities and teaching women themselves.

Virgie Tovar, MA

Fat-positive possibilities for rebellious health workers

Virgie Tovar is an author, activist and one of the nation's leading experts and lecturers on fat discrimination and body image. She is the editor of *Hot & Heavy: Fierce Fat Girls on Life, Love and Fashion* (Seal Press, November 2012). She holds a Master's degree in Human Sexuality with a focus on the intersections of body size, race and gender. After teaching "Female Sexuality" at the University of California at Berkeley, where she completed a bachelor's degree in Political Science in 2005, she went on to host "The Virgie Show" (CBS Radio) in San Francisco. She is certified as a sex educator and was voted Best Sex Writer by the *Bay Area Guardian* in 2008 for her first book. Virgie has been featured by MTV, the *San Francisco Chronicle*, *Bust Magazine*, *Jezebel*, *7x7 Magazine*, *XOJane*, *Golden Gate Express*, the *East Bay Express*, and *SF Weekly* as well as on Women's Entertainment Television and The Ricki Lake Show. She lives in San Francisco and offers workshops and lectures nationwide.

Patty Vitale, MD, MPH, FAAP

Point-of-care preventions of and responses to gun violence

Patty Vitale is the Medical Director for the Camden GPS Program at Camden Coalition of Healthcare Providers. She is a Pediatric Emergency Medicine physician and faculty member at Cooper Medical School of Rowan University where she has developed the epidemiology and biostatistics curriculum for a 4 year medical student course, Scholars Workshop. She also is an Adjunct Assistant Professor at Rutgers School of Public Health where she teaches Epidemiology and Public Health Informatics. Originally from San Diego, Dr. Vitale has worked as an educator, consultant, and advocate for child abuse victims, victims of domestic violence, as well as for adolescents in the area of violence prevention in California and New Jersey. Currently, she directs the Camden GPS Program, where she seeks to evaluate the impact of a violence intervention program in one of the most violent cities in America. She is also looking at the cost of violence on the healthcare system. Dr. Vitale is a graduate of the University of California at San Diego, Jefferson Medical College, and San Diego State University.

Gretchen Wendel, MPH

Caring for immigrants and refugees: A toolbox for any health worker

Gretchen Wendel is the Refugee Health Coordinator for the Philadelphia Refugee Health Collaborative. Ms. Wendel has been working with vulnerable adults in Philadelphia for over eight years. Her work initially began with men and women transitioning from welfare into work. In recent years, she has returned to work with immigrant and refugee populations through her tenure at Congreso de Latinos Unidos and her current work at Nationalities Service Center (NSC). During her first two years at NSC, Gretchen served as a member of NSC's health team and worked to expand health resources and develop processes to ensure that refugees have access to a full range of health services. She then served as the Case Manager for the Survivors

of Torture Program at NSC, providing needed support services to this especially vulnerable population. She completed her MPH at Temple University in 2013 and is the 2011 recipient of the Unsung Heroine Agency Award from Women's Way.

Linda Wesp, MSN, RN, FNP

Health disparities, people of color, and prisons: An intersectionality workshop

Linda Wesp is a board-certified family nurse practitioner, and has been working with the LGBTQ community for over ten years, with a focus on adolescents and people living with HIV. She has presented on the topic of LGBTQ health and transgender cultural competency at numerous medical and nursing schools, conferences, and hospitals. She works in New York with the Adolescent AIDS Program at Montefiore Medical Center in the Bronx, where she continues to work with and advocate for LGBTQ and HIV positive youth.

Corinne Westing, RN, CNM, APN-pending

Overcoming barriers to abortion access, in and out of the clinic

Corinne Westing is a long-time socialist and activist in many areas of social justice and labor solidarity, based in Chicago. She has worked in abortion care for over five years and brings her passion for reproductive justice to her clinical practice and work. Her writing has appeared at SocialistWorker.org, and she is looking forward to her first academic publication in the forthcoming issue of *Advances in Nursing Science*, in which she and her mentor chronicle the struggle for faculty unionism at her alma mater, while exploring the history of nurse labor organizing in the United States.

Janet Williams

Overcoming barriers to abortion access, in and out of the clinic

Janet Williams has worked in Philadelphia family planning clinics for 25 years, in roles ranging from Medical Assistant to reproductive health counselor to Program Coordinator. Currently she works at the Hospital of University of Pennsylvania serving women with high risk pregnancies and 2nd term abortions. She also serves on the boards of the Women's Medical Fund and the Daniel E. Rumph foundation, and is a member of the Family Planning Council.

REBELLIOUS NURSING! CONFERENCE ORGANIZERS

Rachel Betesh, BSN, RN

I work at the Philadelphia Women's Center in abortion care and previously I've worked in oncology, hospice, and long-term care for people living with HIV/AIDS. My home in nursing is to be right there with people who are suffering. One rebellious thing about me is my underarm hair. I have a BA in Environmental Studies from Brown University and a BSN from Thomas Jefferson University School of Nursing. I also write about my work as a nurse; my poems have been published in the *American Journal of Nursing* and *Apiary* magazine.

Willa Campbell, RN

I am a relatively new RN and a current midwifery student. I got involved with Rebellious Nursing to continue to develop my social conscience and spur me into action. I have worked with my fellow organizers to plan the conference sessions. I also had a small part in the creation of the fabulous Rebellious Nursing t-shirts! I am excited about this conference and the future of the organization because I think nursing is a powerful profession and by connecting with one another, I believe that we can make major social, political, and environmental impacts that are larger than our individual hospitals or clinics.

Peggy L Chinn, PhD, RN, FAAN

I am Professor Emerita of Nursing at the University of Connecticut and Editor of *Advances in Nursing Science*. I author books and journal articles on nursing theory, LGBTQ health, feminism and nursing, the art of nursing, and nursing education. I manage several web sites, including LavenderHealth.org which provides information for LGBTQ health care and education. I blog regularly on my own blog as well as for *Advances in Nursing Science*, and the web-based Nurse Manifest Project (nursemanifest.com) to inspire grass-roots action by nurses to shape the future of nursing and health care. I am thrilled to be involved with Rebel Nurses on the planning committee, and want to do whatever I can to contribute in the future! This is among the most important things to happen in nursing and the ideas and values that Rebellious Nurses stand for are critical for the future.

Julia Donahue, BSN, RN

I just started my first RN gig as a school nurse at a middle school in Harlem. I worked as a union organizer in my previous life. I've always been interested in social and economic justice so I was thrilled (!!) when I found the RebNurse community. I work on the Rebellious Nursing website and help with outreach. I can't wait to meet everyone and participate in the amazing lineup of events. I received my BS in labor relations from Cornell University and my BSN from LSU Health Sciences Center-New Orleans.

Kate Wendland Duncan, BA, BSN, RN

My rabble-rousing roles have included radio piracy, increasing access to local food, being a Decarcerate PA street medic, and occupying a train in Barcelona until it took me and 999 other Zapatista allies to Sevilla. Eventually all paths led to nursing school, where social justice and nursing seemed mutually exclusive. Meeting the Rebellious Nursing organizers just before graduating last May relieved my cognitive dissonance; everything makes sense again! I've helped organize homestays, volunteers, sessions, words, the program, and made thank-you gifts for presenters. My career interests are health equity, palliative care, and hospice. I want to enable people to prepare for and experience death the same way they prepare for and experience births. Why yes, I did bring my resume, thanks for asking.

Alec Dunn

I'm a designer, illustrator, and registered nurse living in Pittsburgh, PA. I produced the logo and other graphics for the conference. I'm a member of the Justseeds Artists' Cooperative and I co-edit the publication *Signal: A Journal of International Art, Politics, & Culture* (PM Press).

E.S.Fullbright, BSN, RN aka Tino

I'm a queer post-punk witchy horse girl living in Tennessee who works as a nurse on a cardiac step down floor at a small rural hospital. I am also a caregiver and organizer with Circle of Care, a network I helped to create that provides care to elders and others in my community in rural Tennessee. I have been helping to organize the Rebellious Nursing conference on the outreach and budget committees. I am grateful to be a part of Rebellious Nursing! and thrilled to meet and work with everyone at the conference to further our collective rebellious vision of what health care should look like.

Kandice C. Jones-Gairy, MPH, RN

I am a nursing student at Yale University School of Nursing specializing in Adult-Gerontology and Women's Health. I hold an MPH from Columbia University Mailman School of Public Health, and a BS in Biology from the University of North Texas. I have over seven years of experience in the public health sector in quantitative and qualitative research. I became a planning committee member of Rebellious Nursing because I believe in health equality for all, building a strong network with nurses from all levels of nursing, and being open to innovative ideas to enrich and unite the nursing profession in order to better serve communities.

Dana Kline

I am a medically complex and multiply disabled queer nursing student in an accelerated RN/MSN program. I plan to be an FNP and work with LGBTQ and/or chronically ill/disabled folks if I ever finish school (I'm also getting a masters in public health). I got involved in the project to help with accessibility and disability justice.

Stacie Leap

I was given the honor of assisting as Volunteer Coordinator during conference planning. Throughout my college career as a health professions student (I've changed my major so many times but it was all in the health field), I have a lot of opportunities

of working or volunteering at different health settings. Through this I interacted with a lot of nurses and they are amazing individuals who assist the multidisciplinary team as well as the patients. I got involved with Rebellious Nursing to gain more insight into the nursing world and see where I can help. I hope you enjoy the conference!

Sarah Lipkin, RN

I am a rebellious nurse, a queer femme dyke, a witch/poet/musician and an activist. I come to nursing with experience as a doula, a childcare provider, a health educator, an advocate for incarcerated women, and a film distributor. I am extraordinarily proud and honored to be a founding member and organizer of the Rebellious Nursing conference. Originally from New Jersey, I currently live in New Haven, CT, where I am on my way to becoming a nurse practitioner. I am infinitely grateful for all the magical energy that has converged to make this conference a reality.

Michelle Luneau, BA, RN

I am in graduate school working on my MSN specializing in Adult Gerontology and Women's Health. I have a BA in Latin American Studies and am interested in combining my academic backgrounds to be a more effective provider. I have been inspired by my older sister, Paige (an RN! in California) who has shown me the importance of nursing and its radical implications. I am on the RN! Hospitality committee and have been nothing but impressed by all the amazing folks I've been able to connect with while organizing for RN! conference.

Gayge Maggio, RN, NREMT-B

I am a masters student in the FNP specialty at the Yale School of Nursing. Prior to becoming a nurse, I was a street medic, herbalist, and EMT. My 18 years of organizing have focused on queer, trans, and feminist issues, anti-racism, and workplace and community organizing. I currently write on theory and action around caregiving work. I am passionate about nutrition, complementary and alternative medicine, LGBTQ health, particularly trans health and HIV, health disparities, systemic oppression's effects on health, and the destructiveness of capitalism on health. I got involved with Rebellious Nursing to be part of a network of nurses who envisioned a radically different healthcare system and were organizing to help make that vision a reality. I'm part of the Rebellious Nursing New Haven group, and the Content subgroup. I am very excited to meet and get to know hundreds of other radical nurses at the conference!

Iris Mayoral

I am a junior at the University of Pennsylvania School of Nursing and a CDC Undergraduate Public Health Scholar from Los Angeles, California. I volunteer at Puentes de Salud, a nonprofit organization that promotes the health and wellness of the Latino immigrant population in South Philly. I also work as a research assistant at Penn's Positive Psychology Center and play violin in Penn Jazz Combos. I'm very excited about becoming part of the Rebellious Nursing community and meeting/learning from others who also care about initiating societal change for the betterment of underserved communities.

Hunter McCorkel

I'm a nursing student at the University of Pennsylvania. I'm also a former abortion counselor, a future herbalist, and a childcare provider. I'm passionate about alternative medicine, end of life care, queer and trans parenting, and building community with other radical nurses so we can fight from the inside for a more just healthcare system.

Tara Niland, RN

I'm a registered nurse, manual therapist, and birth doula, living in Philadelphia. I work within my communities to address and overcome barriers to care that affect underserved populations. I am excited to work with Rebellious Nursing! to promote health equity, and serve the conference by helping to coordinate accessibility.

Kara Pravdo, BSN, RN

I am a nurse at a Family Planning, Abortion and Miscarriage clinic. I'm also a birth doula and a full-spectrum of pregnancy doula. I'm involved in Reproductive Justice community organizing in Philly and was an organizer of Ladyfest Philly this year. I'm part of the RN! hospitality, sessions and Philly committees. Excited to see so many rebellious nurses and allies sharing skills and insights at the conference!

Rebecca Prosser RN, BSN, BA

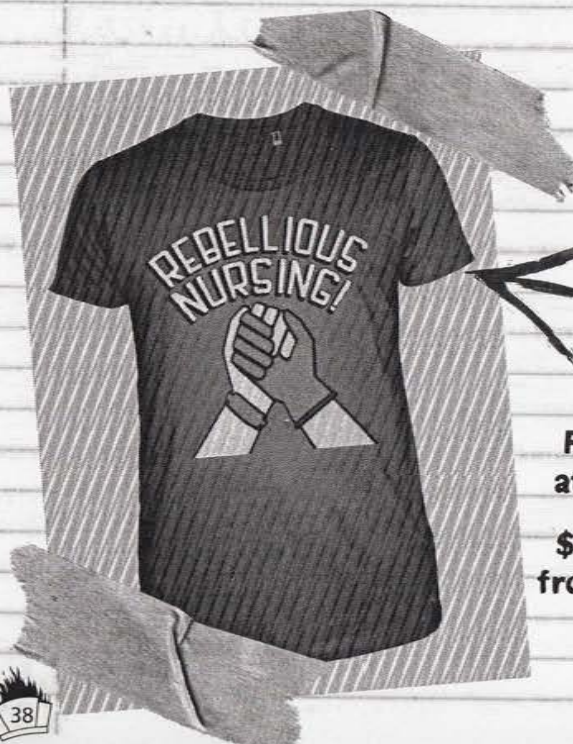
I am in the middle of my first year as a RN on a medical floor at the Hospital of University of Pennsylvania. I am a volunteer at Planned Parenthood and at Philadelphia's abortion fund. My long term goal is to provide abortions and reproductive health care as a Nurse Practitioner. I serve on the Sessions and Philly committees for the rebellious nursing conference, and I am so thrilled to meet other people that are inspired to enact social change through nursing.

Victor Rogers, ADN, RN

I'm an ICU nurse at Roxborough Memorial Hospital. I graduated from Community College of Philadelphia and am currently working on my RN to BSN at Penn State University. I have had additional experience working as a Tech in the ER as well as volunteering as a Street Medic for protests over the last ten years. Critical Care and Emergency Nursing are the focuses of my career. I have been a part of the RN! Philly Committee.

Jennifer Schockemoehl, BSN, RN

I work as an RN on a medical floor at the Hospital of the University of Pennsylvania. I finished my BSN in 2012 at the Penn, and I have a previous BA in Latin American and Feminist studies. I came to nursing after working for years as a health care organizer advocating for improvements in wages, hours, and benefits for home care care providers. I have much love for plant medicine, queers, and public health. I am grateful for the community built through Rebellious Nursing, because it has grounded and confirmed my reasons for becoming a nurse.



Remember to pick
up a sweatshop-free
Rebellious Nursing tee
at the information desk!

\$20 each, with a portion
from each sale benefitting
the Black Women's
Health Alliance.

THESE PEOPLE HAVE OUR GRATITUDE FOREVER AND EVER

We give thanks to all the Rebellious Nurses and Activists everywhere
who have fought to improve the health of their communities.
You have inspired us to continue this work here today.

Thank you to the city and citizens of Philadelphia
for hosting this conference, especially to our homestay hosts.
We are thrilled to be here and grateful for your hospitality!

Thanks to the staff of Claire Fagin Hall
and the University of Pennsylvania for the setting
and all of your assistance.

Thanks to all the fabulous folks
who have traveled to be here together in solidarity.

A special thanks to all the presenters
for your participation and faith in our first conference.

Thanks to all the volunteers:
Without your time and hard work, this gathering would not be possible.

We are also extremely grateful
for all the generous donations, financial and otherwise,
in support of our efforts.

Lastly, thank you to the members of the planning committee
and the "Philly Group" for all your hard work and eagerness to collaborate;
your time, effort, and enthusiasm are deeply appreciated and thoroughly inspiring.



GENERAL SCHEDULE & LOCATIONS

Friday Sept 27 **The CedarWorks, 4919 Pentridge St, 19143**

7:00–10:00 pm Welcome mixer & early check-in

Saturday Sept 28 **Claire Fagin Hall, 418 Curie Blvd, 19104**

8:00–9:00 am Registration & check-in Lobby

9:00–10:15 am Opening plenary: Rebellious Nursing in history and context Aud

10:30 am–12 pm Sessions I (*page 8*)
 • Real Stories of Rebellious Nurses! 216
 • Health worker roles in the environmental justice movement . . . 218
 • **PHL** Camden Coalition: Community-based care management for vulnerable populations Aud
 • Fat-positive possibilities for rebellious health workers 214

12:00–1:30 pm Grab lunch and head to lunchtime caucuses, or do your own thing

12:30–1:30 pm Lunchtime caucuses (*page 16*)
 • Disability 215
 • Nursing educators 205
 • CNAs, MAs, and med-techs 207
 • Nurses of color 214
 • End-of-life preparation (yours) 216

1:30–3:30 pm Anti-oppression fundamentals training for health workers (*page 9*) 214

1:45–3:15 pm Sessions II (*page 9*)
 • Do no harm, do harm reduction Aud
 • **PHL** Caring for immigrants & refugees 218
 • Finding balance: Holistic traditions and nursing 216



**Every session is being video recorded
for people who can't be here.**

**Videos may be posted publicly online;
we asked everyone to sign
an a/v waiver at check-in.**

**If you don't want to be featured on video,
pick up an "a/v opt-out" tag
at the information desk.**

3:30–5:00 pm Sessions III (*page 10*)
 • **PHL** Need-to-know basics: The Affordable Care Act in PA. . . . 218
 • Nurse Practitioner's analysis of health disparities of people of color, HIV+ people and trans* people Aud
 • Overcoming barriers to abortion access, in & out of the clinic . . 216

3:30–5:30 pm Health & safety for direct actions, encampments & protest (*pg 11*) 214[§]

7:30–11ish pm **Party!** **Millcreek Tavern, 4200 Chester Ave, 19104**
 8:00–8:50 Rebellious Nurses storytelling
 9:00–9:30 Chlamydia Dell'arte
 9:45–10:45 DJ ElectRonika. . .then more dancing after that!

Sunday Sept 29 **Claire Fagin Hall, 418 Curie Boulevard, 19104**

8:00–8:50 am Yoga with Fatima: For all levels and bodies (*page 12*) 213

9:00–10:15 am Sessions IV (*page 12*)
 • **PHL** Unions: Building power for change in healthcare systems 214
 • Uprooting the myth of nurses as their own worst enemies . . . 216
 • A social justice guide to the Affordable Care Act Aud
 • **PHL** Point-of-care preventions and responses to gun violence . . 218

10:30–11:45 am Sessions V (*page 13*)
 • Unintentional racism in the U.S. healthcare system Aud
 • **PHL** Nurse managed clinics: Accessible models for primary care 218
 • Pleasure, breathing and anarchy: Naloxone for all! 214
 • Addressing transgender health in a mainstream medical setting 216

12:00–1:15 pm Grab lunch and head to lunchtime caucuses, or do your own thing

12:15–1:15 pm Lunchtime caucuses (*page 17*)
 • Reproductive justice 215
 • LGBTQI health and health care workers 214
 • Prisoner health 205
 • Migrant health justice 207

1:30–2:45 pm Sessions VI (*page 14*)
 • Disability and the profession of nursing 216
 • **PHL** Compassionate care inside the criminal punishment system 218
 • Adverse childhood events and health across the lifespan . . . Aud
 • Laughter is a revolutionary gesture 214

3:00–4:00 pm Closing plenary (*page 7*) Aud

Aud = Auditorium (ground floor)

PHL = These sessions may particularly appeal to Philadelphia care providers.

[§] This session may be moved outside; check at the info desk & on the door of room 214.