

everyday Sheroes



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1987 calendar of celebration

Elizabeth Berrey

Friend, political activist, independent certified psychiatric-mental health nurse, nursing administrator, founding member of the Chagrin Valley All People Kazoo Marching Band.



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I come from a long line of women of courage, of passion, of intellect, of determined persistence, of honest forthrightness and hopeful expectation — our foresisters in nursing whose lives have been obscured and trivialized and who made significant contributions against great odds. We are now realizing that they were gifted, as am I, with a few colleagues who are also brave, hopeful, risk-taking women who have refused to succumb to horizontal violence or to pessimism. We are not alone. We will make a difference. Our network of sisterhood is as powerful as it is radical.

january

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Moon phases Full  New 				New Year's Day 1	2	3
4	5	6	7	8	9	10
11	12	13	14	 15	16	17
Alice Paul b. 1885. Author of Equal Rights Amendment to U.S. constitution (d. July 10, 1977)					Simone de Beauvoir b. 1908. Feminist theorist, France (d. April 14, 1986)	
18	19	20	21	22	23	24
25	26	27	28	 29 Chinese New Year	30	31
Virginia Woolf b. 1882. Feminist author, England (d. Mar. 28, 1941) Sojourner Truth addresses first Black Women's Rights Convention, Akron, Ohio 1851						

Merdine T. Morris

First Black school nurse in the Cleveland City Schools, member of the Council on Women in the Church, first Black woman President of the Western Reserve Presbyterial.



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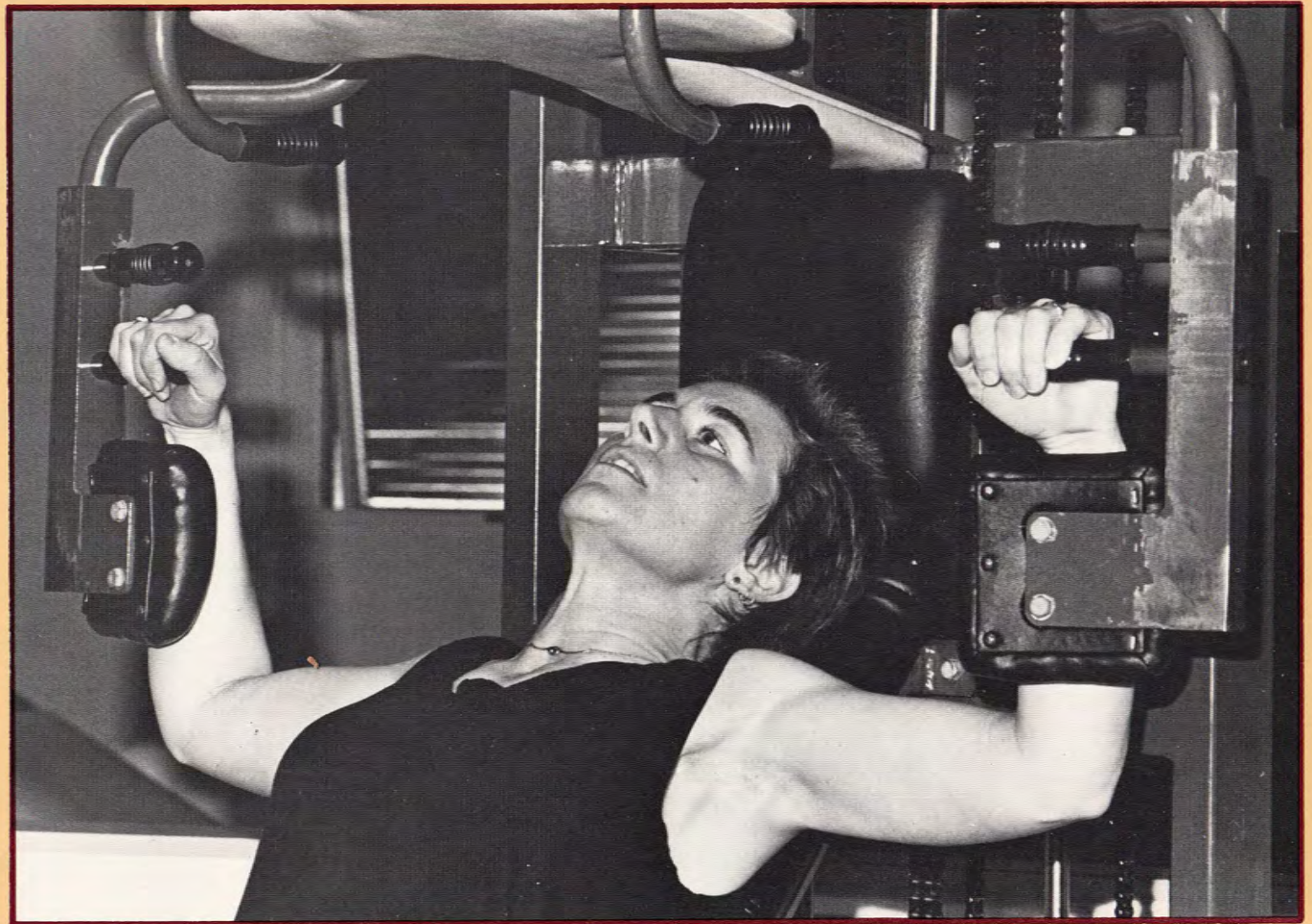
I want to be a message of hope to young Black women — all women — but especially to Black women. You do not need to be assigned a role that de-humanizes you. You can reach out and be a sign to other women — to learn that it is good to be a woman.

february

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Elizabeth Blackwell b. 1821. Abolitionist, women's suffrage advocate, pioneer in women's medicine (d. May 31, 1910)	4	5	6	7
8	9	10	11	12	○ 13	14 Valentine Day
15 Susan B. Anthony b. 1820. Social reformer, advocate of women's suffrage (d. Mar. 13, 1906)	16	17 Marian Anderson b. 1902. Black American contralto Fay Miller b. 1945. Everyday Shero 1987	18	19	20	21
22	23	24	25	26 Wilma Scott Heide b. 1921. Women's rights activist, nurse, humorist (d. May 8, 1985) Lavinia Lloyd Dock b. 1858. Women's rights activist, nurse, social reformer (d. Apr. 17, 1956)	27	● 28

Catherine A. Carr

Nurse midwife, weight lifter,
bicyclist, runner, peace worker,
feminist, women's health worker,
compulsive reader, daughter, sister,
lover, and someday mother.



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To have a baby in the 1980's is a radical political act. We are living in a time when there is a lot of despair to overcome. Women who are having children are going against the insanity of the world's political dangers and doing this life-affirming thing — which helps us all focus on hope, and determination that we can do something about the future.

march

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 International Women's Day	9	10 Harriet Tubman Day. U.S. Abolitionist (d. 1913) Lillian Wald b. 1867. Nurse, social reformer (d. Sept. 1, 1940)	11	12 Girl Scouts of America founded, 1912	13	14 Lucy Hobbs Taylor b. 1833. Women's rights advocate, first woman dentist in U.S. (d. Oct. 3, 1910)
○ 15	16	17 Campfire Girls founded 1910	18	19	20	Equinox 21
22	23	24 Canadian women win right to vote, 1918	25	26	27	28
● 29	30	31				

Grayce M. Sills

Wise woman, nurturer, turner of tides, mover and shaker,
inspirer of excellence, creator of connections,
artist of being alive.

To create a viable future we must:

- *nurture and care for the rich differences among us,*
- *listen to one another,*
- *be open to the visions of the very young and the memories of the very old.*



april

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 Georgia Burnette b. 1929. Everyday Shero 1987	6	7	8	9	10 Frances Perkins b. 1880. First woman U.S. cabinet member (d. May 14, 1965)	11
12	13	○ 14 First day of Passover	15	16	17	18 Grayce M. Sills b. 1926. Everyday Shero 1987
Easter 19	20	21	22	23	24	25
26 Daylight Savings Time begins 2 a.m.	27 Mary Wollstonecraft b. 1759. Feminist writer, England (d. Sept. 10, 1797)	● 28	29	30 Elisabeth Robinson Scovil b. 1849. Nurse, author (d. Nov. 20, 1934)		

Sharon Deevey

Political activist, advocate of lesbian and gay clients, member of Ohio Nurses' Association, Sigma Theta Tau, and Cassandra: Radical Feminist Nurses Network, State Fair Nurse, ANA certified psychiatric/mental health nurse.



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Looking at the histories of women and of nursing requires time for solitude and reflection. What we find is a perspective on the present, inspiration, and courage to combat injustice and prejudice. The Sherones I have found are Anne Frank, Rosa Parks, Lavinia Dock, and Radclyffe Hall.

may

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Mary Harris Jones (Mother Jones) b. 1830. U.S. labor leader (d. Nov. 30, 1930)	
3	4	5	6	7	8	9
Estelle Massey Osborne b. 1901. First Black nurse elected to ANA board of directors 1948		Elizabeth Cochrane Seaman (Nellie Bly) b. 1867. U.S. journalist, women's rights activist (d. Jan. 27, 1922)				
10	11	12	○ 13	14	15	16
Mother's Day		International Nurses' Day Florence Nightingale b. 1820. English nurse, statistician, reformer (d. Aug. 13, 1910) Martha Rogers b. 1914. U.S. nurse theorist				
17	18	19	20	21	22	23
24 / 31	25	26	● 27	28	29	30
			Isadora Duncan b. 1878. U.S. interpretive dancer (d. Sept. 14, 1927)			

Lisa Bosley

Psychiatric nurse, expressive therapist, and member of Libana — a women's performing ensemble dedicated to re-discovering women's ancient and often undocumented musical heritage. Plays clarinet, kontra (Hungarian folk instrument) and sings.

Music helps people get in touch with their own healing energy. Women's music re-connects us with positive images of women. It is a celebration of the goddess, getting in touch with the divine feminine within, spreading feminine energy throughout the world to balance the imbalance that has come to exist. Women have continued to sing and dance throughout the ages, using music to celebrate a community of women, to celebrate women's strength and women's reality even in the most difficult of times. When I feel frightened, knowing of the strong and enduring heritage of women's music gives me hope.



june

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 Teachers's Day	8	9	10	○ 11 Jeanette Rankin b. 1880. Feminist, pacifist, first woman elected to U.S. congress; only member of congress to vote against war with Japan in Dec. 1941 (d. May 18, 1973)	12	13
14	15	16	17	18	19	20
21 Solstice Father's Day	22	23	24	25	● 26 Helen Keller b. 1880. Writer, advocate for the blind (d. June 1, 1968)	27
28	29	30				



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Dolores Dawn

Wanton the Webster, radical feminist nurse, recovering mother of nine daughters and sons.

I accidentally slipped into clowning one February when I needed a project for my apathy. I don't have an act, don't do magic - at least not in the accepted meaning of that word - and can't juggle no matter how much I practice. I dress up and wonderful things begin to happen. The prejudice and "judgmentalness" that we have to deal with all the time just disappears. The clown breaks all the barriers for children and adults alike. It is really fun when people smile — and everybody does!

july

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 International Ladies Garment Workers Union (ILGWU) formed 1900	4
5 Clara Zetken b. 1857. German women's rights advocate, initiator of International Women's Day (d. June 20, 1933)	6 Beatrix Potter b. 1866. Creator of Peter Rabbit stories for children (d. Dec. 22, 1943)	7	8	9	10	11 ○
12	13	14	15	16	17	18
19 First Women's Rights conven- tion, Seneca Falls, NY, 1848	20	21	22	23	24	25 ●
26	27 Linda Richards b. 1841. U.S. nurse, opened first nursing school in Japan 1885 (d. 1930)	28	29	30	31	

Georgia Burnette

Capable and caring nurse administrator, optimist, steadfast in purpose, pacesetter in the face of adversity.



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Through the diversity of talents and multiple skills that nurses bring to health care, we are creating a healthier world. We must remain open to ideas, even when they are in conflict with our beliefs, so that we may remain flexible, continue to grow beyond our limitations, and change gracefully with style and panache.

august

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Time to order your 1988 calendar. Details on back page
2	3	4	5 Mary Ritter Beard b. 1876. U.S. historian (d. Aug. 14, 1958)	6	7	8
○ 9	10	11	12 Sharon Deevey b. 1944 Everyday Shero 1987	13	14	15
16	17	18	19	20	21	22
23 / 30	● 24 / 31	25	26 Women's Equality Day	27	28	29

Kathleen I. MacPherson

Menopause activist, nurse educator/administrator/researcher, mother, pacifist, existentialist, builder of bridges between roles and cultures.

Nurses must dismantle the metaphor of menopause as disease and return menopause to women as a natural and positive event. Involvement in the women's health movement makes it possible for us as women, and as nurses, to live by our beliefs, to escape the social construction that we are diseased, and to claim control of our own experience.



september

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 Jane Addams b. 1860. Peace worker, social reformer, founder of Hull House Chicago (d. May 21, 1935)	7 O Labor Day	8	9	10	11	12
13 National Grandparents Day	14 Margaret Sanger b. 1879. Feminist, nurse, founder of U.S. birth control movement (d. Sept. 6, 1966)	15	16	17	18	19
20	21 Catherine Carr b. 1950 Everyday Shero 1987	22	23 ● Equinox Victoria Chafin Woodhull b. 1838. First woman candidate for U.S. presidency (d. June 10, 1927)	24 Rosh Hashanah	25	26
27	28	29 Merdine Morris b. 1924 Everyday Shero 1987	30			

*She flows through us all
the waves of the ocean
waves of light and sound
colors of the rainbow
pastels bending 'round
vibrations of herbs and trees
healing rhythms released
songs of the heart
melodies connect our souls
cycles of the moon and self
stirrings from within
joining of the circle
returning to the One.*



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Judith Carr

Witch — meaning a woman who brings spiritual, political and feminist perspectives to my healing work.

october

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Yom Kippur
4	5	6	○ 7	8	9	10 Susan Schnall, U.S. navy nurse drops anti-war leaflets onto U.S. military base from private plane 1969
11 Anna Eleanor Roosevelt b. 1884. Feminist, U.S. diplo- mat, author, human rights acti- vist (d. Nov. 7, 1962)	12 Canadian Thanksgiving	13	14	15	16	17
18	19	20 Elizabeth Berrey b. 1945 Everyday Shero 1987	21	● 22	23	24
25 Daylight Savings Time ends 2 a.m. Mother-in-law's Day	26	27	28	29	30	31 Juliette Lowe b. 1860. Founder of Girl Scouts in U.S. March 12, 1912 (d. Jan. 27, 1927)

Denise D. Connors

Nurse, feminist, psychic, teacher, perpetual student.

Survival is a creative process that requires work. The work of growing old is the process of becoming oneself. Aging is something to value rather than to dread, but the valuing comes through some creative expression. The old women I have grown to know have all had a way of placing their lives in a context that gives their life meaning, that creates connection for them with life. In my work I have made a conscious effort to make visible, to validate and to reaffirm women's lives and experience in order to create our own context.



november

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	O 5 Denise Donnell Connors b. 1945. Everyday Shero 1987	6	7
8	9	10 Kathleen MacPherson b. 1931 Everyday Shero 1987	11	12 Elizabeth Cady Stanton b. 1815 Feminist, activist, author, reformer (d. Oct. 26, 1902)	13	14
15	16	17	18	19	20	● 21
22	23	24	25	26 U.S. Thanksgiving Sojourner Truth d. 1883 b. around 1790 Sarah Grimke b. 1792. Anti- slavery, women's rights activist (d. Dec. 23, 1873)	27	28
29	30				Judith Carr b. 1952. Everyday Shero 1987	



Fay A. Miller

Psychiatric/mental health nurse, Chairperson of the Department of Nursing at Cleveland State University, President of the Ohio State Board of Nursing, mother of four-month-old Steven.

After finishing my education, the issue for me was how to acquire power — power being a sense of my Self and not being afraid. The challenge for women today is to be honest with ourselves — to know what we really feel and think. You would think this ought to be easy — but you feel some pain along with it. Growing through the pain empowers us to act.

december

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rosa Parks Day Rosa Parks arrested 1955 in Montgomery Alabama for refusing to move to the back of the bus. b. Feb. 4, 1913	2	3	4	O 5
6	7	8	9	10 Emily Dickinson b. 1830. U.S. poet (d. May 15, 1886)	11	12 Dolores Dawn b. 1934 Everyday Shero 1987
13	14 Margaret Chase Smith b. 1897. First woman elected to both houses of U.S. congress	15	16 First day of Hanukkah	17	18 Lisa Bosley b. 1950 Everyday Shero 1987	19
● 20	21	22 Solstice	23	24	25 Christmas	26
27	28	29	30	31		

Books available from Margaret daughters, Inc.:

Feminism for the Health of It

by Wilma Scott Heide

Weaving together her unique humor, word creations, and astute analysis, Wilma Scott Heide moves beyond social critique to offer feminism as a values transformation in language, higher education, activism, health care, economics, the media, and international policy. Nine visionary essays, index, Foreword by Jessie Bernard. 164 pages, \$ 8.95.

A Feminist Legacy: The Ethics of Wilma Scott Heide and Company

by Eleanor Humes Haney

An intriguing account of the life and work of Wilma Scott Heide, President of the National Organization for Women in the early 1970's. Haney's unique approach of "ethics as story" creates an intimate and inspiring portrait of this impassioned feminist leader. Includes 10 rare photographs, index, Foreword by Elizabeth Duncan Koontz. 208 pages, \$ 12.95.

Peace and Power: A Handbook of Feminist Process

by Charlene Eldridge Wheeler and Peggy L. Chinn

A long awaited and much requested handbook for putting feminist ideals into group action. This concisely written and practical handbook presents ways to move beyond typical power games and create alternatives for both personal and group growth. Includes examples from actual group experiences. 54 pages, \$ 4.95.

Everyday Sheroes 1987 Calendar of Celebration is the first in a planned series of calendars documenting women's lives, past and present. We invite women to contribute photographs, art, and documentary information to be considered for publication on future calendars. For specifications and further information about contribution of material, send a stamped, self-addressed envelope to:

Margaretdaughters, Inc.
P.O. Box 70
Buffalo, New York 14222

Order your 1988 *Everyday Sheroes Calendar of Celebration* early and save! Send your prepaid order by September 1, 1987 and receive the 1988 calendar for \$8.50 per calendar. Please include shipping of \$ 1.00 for the first calendar and 50¢ for each additional calendar.

The 1988 *Everyday Sheroes Calendar of Celebration* is available to non-profit groups for fund-raising. Please write for further information.

Everyday Sheroes 1987 Calendar of Celebration

This calendar is dedicated to **Wilma Scott Heide**, creator of the word "shero". Wilma explained: *I am one feminist who creates words when necessary... Shero, for instance is a word I would consider generic for referring to an admired person.* Wilma gained many accomplishments in her lifetime, but her most enduring contribution was the inspiration she gave to others through the everyday living of her feminist values and visions.

We celebrate the women portrayed here for the everyday things they do to make a difference in creating a peaceful, healthier future. All of the women celebrated for 1987 are nurses by profession, but also reflect the rich diversity among and between women. Each month features an Everyday Shero who has named things about herself that she defines as important, and thoughts she chose to share with all who use this calendar.

Together, we celebrate our strength and vision throughout 1987!

MARGARETDAUGHTERS, INC., P. O. Box 70, Buffalo, NY 14222